

WALKING FOR BUSINESS AND PLEASURE
IN THE LONDON BOROUGH OF



A GUIDE TO FOOTPATHS AND PARKS IN SUTTON
AND HOW THEY LINK WITH TRAINS, TRAMS AND BUSES



Sutton has many footpaths and parks that can make walking a pleasure. As well as rambling around Sutton's green countryside, you can walk through parks and along scenic paths to railway, tram and bus stations, and halts... in almost the same time you took getting the car ready, driving there and finding somewhere to park.

UNDERGROUND, TRAMLINK AND BUS SERVICES IN LONDON

Ring :020 7222 1234

London Travel Check: For a recorded message about bus, train or underground news and developments in the London area, ring 020 7222 1200. It gives local rail news as well.

Travel information in Bengali, Gujarati, Hindi, Punjabi and Urdu (Monday-Friday 9am-5.15pm), ring 020 8430 3040

Travel information in French (9am-9pm), ring 020 7233 0101

Websites: all underground, light rail and bus services information: www.tfl.gov.uk

Docklands Light Rail: www.dlr.gov.uk

London Transport tickets - you can buy season tickets on this website to save queuing: www.ticket-on-line.co.uk

Tramlink

Trams link Wimbledon and New Addington/Elmers End and Beckenham via Mitcham Junction (mainline train and bus connection), Ampere Way (for Valley Retail Park) and Croydon. Trams serve two stops in Sutton Borough - Therapia Lane and Beddington Lane.

www.tfl.gov.uk/trams

Footpath link

Tramlink, Mitcham Junction to Carshalton

Leaving the Tramlink stop, cross London Road using the Toucan Crossing and walk down Aspen Gardens to Tramway Path (route of former Surrey Iron railway). Cross Goat Road and walk across Mill Green (slightly longer but more pleasant) to join Mill Green Road. Then turn right, cross over the River Wandle and turn immediately left to follow the Wandle Trail to Carshalton. The Trail passes Buckhurst Avenue, Culvers Way, Nightingale Road, River Gardens and Mill Lane.

Quickmap

Car-free guide to buses, tubes, trains and walking in London: £2.50 from PO Box 12, London SE5 9PN
www.quickmap.com

Sutton Community Transport (SCT)

Provides help for shopping trips, visits to shows or parties, or just to go to a weekly club or meeting. For details, ring Gina on 0208 644 6001. Volunteer drivers always welcome.

WALKS AND WALKING ROUTES



SUTTON COUNTRYSIDE WALK

Starting from The Oaks Park (leaflet available from Sutton Libraries and London Borough of Sutton (LBS), Environment and Leisure, 020 8770 6247).

This is a 5 mile, circular walk based on The Oaks Park but it is easy walking and can be done in stages. It starts and finishes at the Tea Rooms in The Oaks Park, which can be reached on foot from Sutton by walking part of the route from Fox Hole Corner on Woodmansterne Road. An interesting feature of this walk is that it provides a nice link between Clockhouse, The Oaks Park and Carshalton Beeches. (This is a countryside walk with stiles and some of the footpaths can be wet and muddy - it may be an idea to wear walking shoes or boots. There is also a shorter walk, The Oaks Park Nature Trail (leaflet available from Sutton Libraries and LBS Environment and Leisure, 020 8770 6247).

SECTION 6 OF THE LONDON OUTER ORBITAL PATH (LOOP)
starting from Coulsdon South Station (leaflets for sections 1-8 available in packs, £6.00, from Sutton Central Library).

From Coulsdon South Station (rail line from East Croydon), walk along footways to Woodcote Park Golf Course. Go along Grove Lane (bridleway), then follow the signs across a field, Carshalton Road and Croydon Lane to The Oaks Park. (There are many other footpaths across the park.) Walk along Freedom Lane (footpath), across Sutton Lane, over the Epsom Downs-Sutton railway line, across the A217 (cross at lights further up road), past Banstead Downs golf course to Banstead Station (rail line from Sutton).

Tripscope

Help with trip planning and connections for elderly people and people with disabilities, ring 08457 58 56 41 (local call rate).

SCILL (Sutton Centre for Independent Living and Learning)

Information for people with disabilities, ring 020 8770 4065. (Minicom: 020 8770 4066)
www.scill.org.uk

National Express

Coaches to Brighton/Worthing stop in Wallington (Woodcote Road). For enquiries and credit card bookings, ring 08705 80 80 80 (8am-10pm). For help with access, ring 020 7824 0000
www.gobycoach.com

Green Line Coaches

Coaches from Victoria Greenline coach station (between rail and National Express stations) to Luton Airport and other destinations.
Ring 0870 608 7261. www.greenline.co.uk

Epsom Coaches

Day trips to UK resorts including Worthing and Eastbourne, the continent, historic towns and cities, stately homes and gardens and special interest events. Extended coach tours. There are many pick up points in the Borough.
Ring 01372 727821. Fax 01372 741812.

Cycling

There are cycle stands at railway stations and public buildings, and in shopping centres, throughout the Borough. Try to avoid taking your bicycle onto a train in the rush hour unless it is a folding bike. There are signed cycle routes throughout Sutton.

Sutton Cycle Network Map and Guide available from Sutton Libraries and LBS Environment and Leisure, 020 8770 6247.

Taxis

There are taxi stands in central Sutton - at the railway station and by the bus stop almost opposite the police station. Telephone numbers are in local directories.

THE WANDLE TRAIL

starting from Waddon Ponds (leaflet available, £2.00, from Sutton Central Library and Wandle Industrial Museum, Mitcham). Leaving Waddon Ponds, follow Bridle Path to Richmond Road, cross Beddington Lane, walk through Beddington Park and along London Road. Cross to Westcroft Road, into Grove Park and on to Carshalton Ponds. Continue along Mill Lane (separate cycleway/footpath), River Gardens (footpath alongside River), The Causeway, taking the footpath across Hackbridge Road and Culvers Avenue, alongside the River, past Buckhurst Avenue and across Middleton Road to Poulter Park.

LONDON ROAD / STONECOT HILL - SUTTON

take footpath along Pyl Brook to Willow Walk. Cross Oldfields Road, into Collingwood Road, then Crown Road and on to Sutton.

NON SUCH TRAIL

starting from Nonsuch Mansion House (leaflet available, 20p, from Sutton Central Library) From Nonsuch Mansion House, take the footpath to London Road Gate, walk to the site of Nonsuch Palace and then the site of the Banqueting House. There are many other footpaths across the park including Malden Road, Cheam, to London Road, and Ewell Road, Cheam, to Castlemaine Avenue and Ewell By-Pass.

CARSHALTON (BOUNDARY ROAD) TO CLOCKHOUSE

South along Boundary Road and Telegraph Track (footpath), across Woodmansterne Lane, through Little Woodcote Wood, across Little Woodcote Lane (left along Woodcote Lane for about 100 metres), south along Woodcote Grove and Grove Lane to Clockhouse. There is also a link from Woodcote Grove to Woodcote Park Avenue, Purley.



GREEN WALKING ROUTES AND LINKS IN PARKS

There are also many parks in Sutton, which, during daylight hours, make for pleasant walking, not just to the parks themselves but as part of the journey to shops, bus stops or railway stations. This is not a complete list and some footpaths, such as the bridleway between Blakehall Road and Ashcombe Road in Wallington, are not surfaced.



Beddington Park

London Road (10 minute walk from Grove Park) to Carew Manor/Dovecote/London Wildcare, in the park, to Croydon Road along the River Wandle in the park, to Waddon Ponds (refreshment facilities and toilets/boating lake)

River walk from Mill Lane, near Carshalton Station, to Beddington Park. Follow the signs for the Wandle Trail short cut, go over the bridge to Butter Hill, cross London Road by the cycle path and enter Beddington Park. In the park, take the footpath by the lake (more pleasant than the one signed) to St Mary's Church. Cross Croydon Road at the Toucan crossing, then take the path from Demesne Road to Sandhills by the Plough Inn, Plough Lane/Croydon Road

Carshalton Park

From Ruskin Road, through the park to Ashcombe Road and Park Avenue. Take the path from Woodstock Road to Park Close and Blakehall Road (3 minutes from Carshalton Beeches Station and 154 bus stop) From Blakehall Road/Glebe Road, across the railway line, through Stanley Park Recreation Ground to Stanley Park Road (by 154 bus stop)

Collingwood Recreation Ground can be used as a short cut: Gander Green Lane (near West Sutton Station), through the Recreation Ground to Collingwood Road.

Grove Park

West Street (close to Carshalton Station) / Mill Lane, through the park to Carshalton Village and Westcroft Leisure Centre. Ecology Centre Grounds: a local nature reserve West Street, through Ecology Centre Grounds to North Street. There are refreshment and toilet facilities at the nearby Heritage Centre.

Manor Park

Throwley Way, through the park to Manor Park Road and Carshalton Road (refreshment and toilet facilities nearby)

Royston Park

Surrey Grove (10 minutes from Sutton Common Station), through the park to Gassiot Way and Royston Way (for Wrythe Lane and 157/S1 buses).

Sears Park

Gander Green Lane, through the park to St Dunstan's Hill.

Local And Express Trains

National Rail

Train times/fares/train service alterations and other services, for whole of UK, ring 08457 48 49 50 (24 hours.) /Minicom 0845 60 50 600
www.nationalrail.co.uk

Website journey planners: these also include credit card ticket purchasing schemes.

Qjump: www.qjump.co.uk

The trainline: www.thetrainline.com

(For telephone booking of railway tickets, ring the National Rail number, 08457 48 49 50, to obtain credit card telephone booking lines for the individual companies).

South Central

Lost property and arrangements for people with disabilities, ring 0870 830 66000. For train times/engineering work, ring the National Rail number, 08457 48 49 50.
www.southcentraltrains.co.uk

South West Trains

Train times/fares/bus connections, ring 023 8021 3600 or 020 7928 5151.
www.swtrains.co.uk

Thameslink

Customers with special needs, ring 020 7620 6333. For train times/engineering work, ring the National Rail number, 08457 48 49 50.
www.thameslink.co.uk

UK and Surrey Traveline

Bus and rail information for Surrey and the whole of the UK. Ring 0870 608 2 608
www.surreycc.gov.uk

Streetmap

Detailed maps for whole of British Isles. Individual streets, postcodes etc can be accessed. Useful for obtaining street details at destination station.
www.streetmap.co.uk

Doing your bit

Government advice on how using your car less can help the environment.
Ring 0345 86 86 86
www.doingyourbit.org.uk

Centre for Environmental Initiatives (CEI)

For advice and information about sustainable development and including updates to this guide, ring 020 8770 6611
Website: www.thecei.org.uk

London Borough of Sutton

www.sutton.gov.uk (includes Sutton and Beyond without a Car information)

Other Sources Of Information

Local bus timetables and Tramlink leaflets are available from Sutton Libraries and Civic Offices, Sutton. Railway timetables are available at staffed railway stations.

Other Leaflets - mainly available from Sutton libraries

Old Ordnance Survey map of Sutton (The Godfrey Edition)

Ordnance Survey map (Explorer series) (available from bookshops) The London South map shows all official footpaths, including Sutton, as well as showing streets in detail.

Sensible Car Use in Sutton (leaflet available from LBS Environment and Leisure, 020 8770 6247.)

Sutton Town Centre Guide - visitors' guide to shopping, leisure and business.

Walking to School - the health, road safety and environmental benefits of walking to school with your child (leaflet available from LBS Environment and Leisure, 020 8770 6247.)

Worcester Park and Cuddington: A Walk Through the Centuries

WHO PAID FOR THE WALKING GUIDE?

Sutton future networks (SFN) and Transport working Group volunteers produced this guide with financial assistance from the CEI and Munro Marketing (who designed the guide), Impress Print who printed the guide and the London borough of Sutton. Tony Pattison (Living Streets local contact for Sutton) donated the original idea and text. Carolyn Doswell drew the map. Linda Jemma and Alex Forrest provided guidance and editorial assistance.



The Centre for Environmental Initiatives (CEI) is an independent local charity that exists to promote the conservation, protection and improvement of the physical and natural environment, and to advance the education of the public in the subject of sustainable development.

Ring 020 8770 6611 for more information or visit www.thecei.org.uk



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Living Streets

The LIVING STREETS initiative is a campaign to win back the streets for everybody.

Even cyclists and motorists walk for part of their journeys. A LIVING STREETS manifesto has been produced to make the places we want to walk and spend time in become something more than traffic corridors or hang-outs for vandals or criminals.

LIVING STREETS is a major new campaign of The Pedestrians Association, which has, since 1929, been the driving force behind much road safety regulation and many schemes such as the Walk to School campaign, Home Zones and pedestrianised areas.

It is not party political or anti-car. Drivers are pedestrians too. Up to now, the PA has mainly worked in partnership with local and national government agencies to run awareness-building schemes and improve conditions for the vast, silent majority who deserve a safe and enjoyable environment.

LIVING STREETS 31-33 Bondway, London, SW18 1SJ

Fax 020 7820 1010 Tel 020 7820 8208

www.livingstreets.org.uk

WALKING IS GOOD FOR YOU!

Brisk walking is recognised as being as beneficial as swimming, cycling and jogging for increasing fitness, stamina, confidence and well-being. It gets you somewhere too. It needn't be too brisk - an indicator is that you can still talk while you are walking! As a very general guide, you can expect to use around 100 kcal per mile if you weigh 75 kg - less if you weigh less.



Key

- Footpaths (not necessarily Public Rights of Way)
- Railway/Station
- Tramlink
- Bus Routes
- Shopping Parades/Town Centres
- Parks and Public Open Spaces
- Pedestrianised Sutton High Street

Average distance walked in 15 mins.



- PLACES OF INTEREST**
- 1 Whitehall Cheam
 - 2 Lamley Chapel / St Dunstan's Church
 - 3 Little Holland House
 - 4 Honeywood Heritage Centre
 - 5 Carshalton Ponds / Ecology Centre
 - 6 Centre for Environmental Initiatives
 - 7 Civic Offices / Central Library / SCOLA
 - 8 Secombe Centre
 - 9 Charles Cryer Theatre
 - 10 UCI Cinema
 - 11 Sutton United F.C.
 - 12 Wandle Valley Wildlife Centre
 - 13 Wilderness Island
 - 14 Old Town Hall, Wallington & site of Farmers' Market
 - 15 Sutton Arena
 - 16 Westcroft Leisure Centre
 - 17 Cheam Leisure Centre
 - 18 Carew Manor



CROSSING ROADS

If in doubt don't step out!
 Always take that little extra care when crossing roads - Sutton has an enviable record on road safety and we want to keep it that way!
 Use pedestrian refuges and proper pedestrian crossings - and walk just a bit further to get to them. It is far better for peace of mind and is often quicker, as well as safer.
 Many major roads now have good crossing facilities which make it much easier for those on foot to get from one side to the other.

Here are some examples:

- Angel Hill, linking All Saints Road/Angel Hill Drive with Sutton Common Road (2 minute walk from Sutton Common Station) (footbridge - some steps)
- Carshalton Road, near Alma Road and petrol station on corner of Cambridge Road (signal controlled Pelican crossing)
- Carshalton Road, between Carshalton Grove and Ringstead Road across to Kings Lane (signal controlled Toucan crossing)
- Carshalton Road, near Lind Road (signal controlled Pelican crossing)
- Green Wrythe Lane, at junction with Culvers Avenue (signal controlled Pelican crossing)
- St Nicholas Way, linking Sutton Library and Civic Offices with Sutton Town Centre (pedestrian underpass)
- St Nicholas Way, linking St Nicholas Church with Sutton Town Centre (signal controlled Pelican crossing)
- St Nicholas Way, linking UCI Cinema with shops and Sutton Town Centre (signal controlled Pelican crossing)
- St Nicholas Way, at junction with Greenford Road, Sutton Town Centre (signal controlled Toucan crossing)
- Throwley Way, at junction with Benhill Avenue (signal controlled Toucan crossing)
- Throwley Way, linking footpath/cycleway from Manor Lane to Sutton Town Centre (signal controlled Pelican crossing and footbridge; public toilets nearby, beside multi-storey car park)
- Throwley Way, at junction with Greyhound Road, Sutton Town Centre (signal controlled Toucan crossing)
- Wrythe Lane, at junction with Muschamp Road (signal controlled Pelican crossing)

